



## Billabong High International School School Newsletter

April - October 2020

*Volume 009* 

Website - www.billabonghighschoolnoida.com Address - A-73, Sec-73, Noida

## From Management's Desk



We all have been impacted by an unprecedented global situation today. Each one of us and the entire world is affected by the coronavirus pandemic; our economy, our families, communities and our entire way of life. It stands as a moment of pride that our young zealous learners, mindful mentors and motivating parents have been able to cope up and adapt to this NEW NORMAL. Our talented and ever-willing -to- work staff, both teaching and non-teaching, have been showing their care and concern for the College and students, working from home, preparing notes and engaging classes online for the benefit of students. I hope and pray that you all stay safe and healthy. These challenging times too shall pass with the perseverance and inner strength we possess.

Stay safe

Ms Jasmine Gandhi Director Billabong High International School, Noida Kangaroo Kids Noida Sanchetna



"Winds of change blow bringing with it the fragrance of joy, positivity, light of hope and onward journey of our inner self"- dear children the time has come for us humans to bring forth quantum leap in our ways of life and living. The covid19 pandemic has shaken the entire world population, more significantly the marginalized and under privileged section of the society. It has made us realise the importance of compassion, empathy, altruism and humanity. I am sure you and your family have been steadfast in your efforts to protect and keep yourselves safe. We need to continue in our efforts as the stream of life goes on, time does not wait, hence we should move ahead with positivity, mindfulness and pursue our life skills to enhance our inner potential towards greater heights.

Sharmila Chatterjee Principal Billabong High International School, Noida Kangaroo Kids Noida Sanchetna





#### Positivity during the lockdown

In the wake of the COVID-19 pandemic, our lives have set off on a trajectory we never expected to encounter. Amidst this battle for our health, isolation from external contact, and continual worry for our family, it is natural for stress and negativity to develop. But if we allow pessimism to dominate our thought processes, our capacity to function effectively will deteriorate. So, it is essential to develop a positive mindset to conquer this pandemic. Online informal interactions with family, friends, or coworkers provide a safe way to socialize. If conducted regularly, this method of communication could give us a semblance of actual socialization. Pursuing a new hobby or skill could also be a very productive way of utilizing time. Discovering unique interests would expand both horizons and happiness. Even something as simple as meditation, listening to music or writing a daily log of what we're grateful for could go a long way in ensuring mental wellness. But positive thinking may not come easy to many of us. And that is when we should reach out, either online or offline. We will always find someone who has gone through the same problem, someone who is willing to listen and lend a helping hand. United we stand, divided we fall. Takes on a whole new meaning in this situation. Distance may have divided us, but we are united by our spirit. And this unity will give us the strength and the positivity to see us through. - Mansi Bajpai XII- B

#### Lessons from Mother Earth

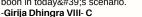
She is kind, compassionate, merciful and all the things one needs to feel loved. She is always giving, never asking for anything in return. She is the most powerful force which drives the planet and the life in it. She is Mother Earth. She is the greatest teacher humankind has seen. She has a treasure of invaluable lessons and if we take a little bit time-out of our daily routine, we would learn the most prestigious lessons from her. Nature teaches us so many things like generosity. She also teaches us that it is okay to let go of the past like trees shed their leaves and move on with life towards the future which has endless possibilities. She also suggests that patience is the key to success as fruits don't grow overnight. Nature makes us believe in hope even when all seems lost, and helps us to understand that we should help one and another. Through the rivers, animals and just by the way our natural resources function nature has taught us to listen the beautiful chirping of the birds, sound of water flowing through the rivers, peacocks dancing when it starts to rain nature and as well as to enjoy the small and the most insignificant moments in life. The life of water in the glacier goes to join the river and finally, the ocean represents the life of man on Earth. Therefore, one can say nature never stops teaching and we shall also never stop learning from her. Nature is the biggest source of inspiration and she has gifted us the endless ocean of knowledge and wisdom. Nature is the eternal teacher.

- Anoushka Thapa XI- A

#### To be without learning is to be without eyes

"To be without learning is to be without eyes." Saying that, I believe that it is requisite to amend the traditional norms of education to suit the dynamic times. E-learning can be defined as using network technologies to create, foster, deliver and facilitate learning, anytime and anywhere. We need to learn to cope with 'this new normal'. Do we have a choice?? Education has changed dramatically, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms. These risk-control decisions have led millions of students into temporary 'home-schooling' situations, especially in some of the most heavily impacted countries, like China, South Korea, Italy, Iran and India. People have different opinions about e learning. Some people think that e-learning is innovative and it reduces the time and distance barriers of education. While some have been criticizing, saying that their kids are on the laptops all day long. But what if we didn't have any access to e-learning, or let's say, technology, at all? Our lives would have come to a stop, with no means of communicating with each other, which means no way for teachers to interact with students. Online learning is the need of the time given the constraints we have and the resources we possess! And if we don't adapt to it, we will be left behind by a few years! Students will miss out on months, or even years of their curriculum. Changes have certainly caused a degree of inconvenience, but they have also promised that students will not miss out on their schooling. And moreover this is a method to keep them productively engaged else as they say an empty mind is a devil's workshop! Therefore, we should be grateful to have technology in all aspects of our lives, it is definitely a

boon in todav&#39:s scenario.



staying safe.

-Kimaya Arora VIII-C



#### How to keep yourself motivated during Lockdown?

As the coronavirus quarantine continues, it can be difficult to stay motivated when you are stuck at home all day. Fortunately, it takes just a few steps to maintain your motivation and boost your productivity during the remainder of this self-isolation period. Writing down certain goals personal or study related is one way to keep yourself more motivated. Learning a new skill or polishing old skills will help not only pass time but will also push you to try something new. Getting creative can be very relaxing and can be as simple as painting, writing, trying out a new recipe or drawing. Being in a calm and collected mental space is crucial in these times, going out for a stroll, meditating, exercising or even reading a book can help in improving your mood and overcome the idleness you have been feeling. Even though we cannot meet our friends, calling or face-timing them is one way to boost morale. Rekindling old friendships is also another way to keep your spirits up. At the end we must realize that instead of making ourselves busy, we need to "make ourselves happy". Do

whatever makes you happy and you will see yourself tackling this lockdown effortlessly

-Misha Desai XI-B

#### How to overcome Adversity

"When life kicks , make sure it kicks you forward."

What is adversity - it is the sudden unpleasant feeling when something bad or unfortunate happens, something like an unfavourable circumstance. To be honest, at some point we all have faced adversity but how we act upon it, is what creates the difference. Some overcome it by using it to build themselves up while some break themselves and give up. Hence, I would like to share my views on how to overcome adversity in these distressing times where people are tensed about everything going on in the world currently. When we are faced

with adversity , there are two questions we should always ask ourselves:

1. Will I allow this adversity to make me resentful and insensitive? 2. Will I use this adversity to make myself better?

One thing is for certain, adversity will bring about a change in the individual and it depends on the individual if it will be good or a bad change. I am fairly certain we would all want to answer "no!" to the first question and "yes!" to the second question. However, it is tougher to live up to these answers than actually answering them. One of the first things to do when adversity strikes is to remind oneself that they are not an exception and life is not "picking" on them. Bad things happen to everyone - there's no escaping it. They know where we live. Whether the adversity is a major loss such as passing away of a loved one or someone suffering from a disease or a health issue - praying , talking to people who care about you, and allowing yourself time to heal are the best pieces of advice anyone could offer you. In conclusion, I would like to sum up with the following points that I would like everyone to keep in mind

· Everyone has had adversity. Even people who seem to live a stable or charmed life face adversity.

· Like any storm , adversity also passes. Whether it leaves a rainbow or notable

 Keep reminding yourself that at the end of this trip you won't be bitter but better. Choose your path carefully. Part of living is to encounter adversity. The people who overcome it are those who adopt the attitude of being ready and prepared for anything that comes their way. Tell yourself that you can handle any challenge regardless of

destruction is upto you.

how tough or unpleasant it is. It is upto you to find a way through. At the end of the

day our troubles don't define us however, the way we handle them does.

Shashwat Mishra XI A

#### Online Learning and its perks

COVID-19 has made us realize the importance of digital which has now become the new normal. Research shows that on average, students retain 25-60% more via online learning as compared to only 8-10% in a classroom. This is because students can learn at their own pace, record their learning sessions, and revisit them whenever required. This does not belittle the importance of physical classroom learning but reflects that in a situation like what we are facing today when remote education is the only possibility, the show must go on. And online learning has made this simple, interactive, and productive. I feel blessed to have access to online modes of learning and am grateful that our school shifted

us to digital learning in no time without missing a beat. I miss meeting my teachers and friends, but I can't complain as I am (digitally) connected with everyone while



## A Taste of Toil and Triumph...

## **Board Results**

### Grade XII Board Results (2019-2020)

## **Congratulations!**

to all our students for excelling in Class XII board examination (Session 2019-2020) ජ emerging in flying COLORS!

### **STREAM TOPPERS**

SCIENCE



Physics 95%

Psychology 99% Abhijeet Singh isha Arvind Shar

English 97% bhijeet Sing Arvind Shi gan Parti

Computer Science

97%



Abhijeet Singh 97%



95% Nishchay Gopal Dhingra

Chemistry 95%

Economics

95% Utsav Jain

Political Science 93% Abhijeer Singh



## **Subject Highest**

Mathematics	Business Studies
88%	92%
oni Kulshrestha	Nishchay Gopal Dhii
	Physical
Home Scien	Physical ce Education
98%	92%
Abhijeet Singh	
	Gagan Parashar

COMMERCE

Utsav Jain 93%

Biology 82% Akshita Gurung 97% Anushka Gupta



92

Nil

Nil

APPEARED	PASS PERCENTAGE		BATCHA	
49	100%		87.	
RANGE OF MARKS	90% AND ABOVE	80% - 89%	70% - 79%	
Number of Students	20	23	6	
Percentage of Students	40.82%	46.94%	12.24%	I

Percentage of Students		40.82%			
	STUDE	NTS	SECU	JRINO	i AB
S. No.	NAM	ΕO	F STU	DEN	<b>FS</b>

STUDENTS SECURING ADOVESU // MARKS			
S. No.	NAME OF STUDENTS	PASS PERCENTAGE	
1	ADITYA GULATI	96.25%	
2	SHEEN RAINA	95.75%	
3	ADITI SHARMA	95.5%	
4	SHASHWAT MISHRA	95%	
5	SAANVI SINGH	94.75%	
6	MEGHADEEPA BASU	94.5%	
7	ANOUSHKA THAPA	94%	
8	PRANEET TATA	94%	
9	KHUSHI KHETERPAL	93%	
10	GARV BHASKAR	92.75%	
11	BHAVIKA KUMAR	92.25%	
12	HARSH GUPTA	92.25%	
13	NIVEDITA TYAGI	91.5%	
14	KASHISH VATS	91%	
15	MISHA VIPUL DESAI	91%	
16	RUJUL BHUTANI	90.75%	
17	LEVANA SURANA	90.5%	
18	KHUSHAL TANGRI	90.25%	
19	KHUSHI MAKHIJA	90.25%	
20	VISHRUTI VERMA	90.25%	





## INTER SCHOOL EVENT WINNERS

2. The learners also participated in different events at 'Virtual BOT' at Mayoor School, Noida.

Prithu Keshav Rai of Grade VII, secured the 1<sup>st</sup> position in the event 'Quizomania'.

### The Chronicles Of Discourse

The Chronicles of Discourse	The Chronicles of discourse Runner
Winners:	up:
1. Debate- Best Debater (for)	1. Debate- Best Debater (Against)
Meghadeepa Basu grade XI	Sheen Raina grade XI
2. Panel Discussion- Best Panelist	2. Best Reporter
Anishka Singh grade VIII	Enya Chandra grade VII

## **Inter- School Events**

1. The learners from grades VI-VIII participated in different events at 'Techno-Olympic 2020' at Cambridge School, Noida.

Supriti Roy of Grade VIII, secured 2<sup>nd</sup> position in the event 'Think Tank'

2. Sahil Vats grade XI secured 2nd position in the event 'Photoshop' conducted at Techno Olympics 2020 at Cambridge School, Noida.



### Playful Joeys Roll n Rock virtually ... Kangaroo Kids A TRIP TO THE MAGICAL LANDS DOCTORS AND NURSES DAY



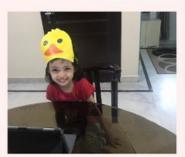


LITTLE BIRDIES





**ON THE FARM** 











A FRUITY CHAT DAY



















## AROUND THE WORLD

### **CELEBRATING HAPPINESS WITH TOGETHERNESS**



kangaroo kids

NOIDA

**BILLABONG HIGH** 









## REIGNITING THE SPIRIT OF PATRIOTISM









### A FABOULOS HALLOWEEN

**SHARING JOYS** 











My Brush , My work











## **BEYOND THE CLASSROOM**

### INCULCATING THE IMPORTANCE OF CARING FOR ANIMALS





### **ENJOYING THE LEARNING EXPERIENCES**









STRENGTHNING THE GROWING MINDS AND BODIES









## The JOY OF BEING TOGETHER

### Honoring mothers and motherhood





















Memorializing a special bond





kangaroo kids

NOIDA









2.11





















## I am Live











## Sanchetna goes online ,our spirit remains high

### Gandhi Jayanti special assembly





Janamasthmi









### **Independence day**



Rakhi and friendship day



## Creative corner - Exploring world with abundant fun









Day

## Children enjoying virtual learning

**ART and CRAFT** 



## Pre-vocational skills

## **Experiential learning**



**Services** -therapy



### Creative corner - Exploring world with abundant fun









# स्वर्ण विद्या क्लासेस

'कोरोना काल'- एक अकल्पनीय समय, लेकिन इस समय ने हमें एक नई शिक्षण पद्धति सिखाई ऑन लाइन शिक्षण| इसके अंतर्गत Care call के माध्यम से बच्चों को यह बताया गया कि ऑन लाइन शिक्षा क्या है और कैसे होती है? उनके लिए और हमारे लिए भी यह नया अनुभव था, क्योंकि छोटे बच्चों ने पहली बार फोन पर बात की थी, कुछ बच्चों को तो यह समझ में ही नहीं आ रहा था कि Ma'am दिख क्यों नहीं रही पर धीरे-धीरे लगभग सभी बच्चों ने इस नई शिक्षा पद्धति को समझा और पढाई की। कक्षा 2 और के बच्चों की Conference call पर 3 Attendance ली जाती है उसके बाद एक छात्रा द्वारा प्रार्थना करने के बाद कक्षाएँ होती हैं| K.G. व कक्षा-1 के बच्चों को अभिभावकों की सहायता से पढाया जाता है|

अप्रैल में ही बच्चों को कोरोना वायरस व उससे बचने के उपायों के बारे में विस्तृत जानकारी दी गई| पोस्टर व कार्ड भी बच्चों ने बनाए| ग्रीष्मकालीन अवकाश में क्रियात्मक कार्य के अंतर्गत 'First-aid-box', बीज अंकुरण, पेंसिल के छिलके से चित्र बनाना व माचिस की तीलियों से भिन्न प्रकार के आकारों को बनाना सिखाया गया| बच्चों ने हर अवसर जैसे- मातृ दिवस, शिक्षक दिवस, स्वतंत्रता दिवस, रक्षाबंधन, कृष्ण जन्माष्टमी आदि पर पोस्टर व कार्ड बना कर उनका महत्व समझा| 2 अक्तूबर पर गाँधी जी व शास्त्री जी के विषय में अपने विचार भाषण द्वारा दिए| इस तरह सभी बच्चों ने समझा कि

परिस्थितियाँ चाहे जैसी भी हो उन्हें पढ़ाई करनी ही है |





## School Events...Online experiences unfold

### **Enunciation Grades 4-5**

With most of us quarantined at home, and testing days ahead, it is natural to feel blue and panic a little bit.

But in such trying times also, the outlook towards life has been considered fortunate by the learners. They feel rejuvenated, grateful and are in continuous action of their favourite things. In the plethora of activities that they participated in, they continued with their learning.

The learners of Grade IV-V participated in the event 'Enunciation – We all are together in it' on 8th June 2020 in which they articulated their thoughts and shared them with their peers and facilitators on different to pics like:

People...Planet...Peace - The 3 P's to Life

Let Earth be your Playmate...Don't Play with It

Sharing is Caring – The Noble Virtue Overshadowed by Novel Virus The Importance of Social Distancing These Days





BHIS, Noida, organised an online Elocution on 11th June, 2020 for the learners of grade VIII. The objective of the elocution was to let the learners express themselves with clarity and confidence about their views and reflections on the theme 'My Lockdown Diaries'. The learners' presentations highlighted how the pandemic has become a major part of our lives and should be chronicled in their diaries in the form of speech, poems, stories and anecdotes. Their presentations also focussed on how to be positive and face the challenge hands on. Some of the learners also shared how this time has helped them introspect, hone their skills and invest time in their hobbies.

### Voice your opinions.. Debate Grades 6-7

Billabong High International School, Noida, organised an online debate-'Voice It @BHIS e- Forum' on 3rd and 4th June, 2020, for the learners of grades VII and VIII. The objective of the debate was to make the learners adapt the online platform and also the fact that in these uncertain times of the pandemic, learning and expressing will continue to foster. In addition, the debate also helped in enhancing the critical thinking skills, communication skills, understanding of the topic offering a range of alternatives and viewpoints and build up self- confidence. The topic for the debate was- "Technology got a new life in the uncertain COVID-19 times- Are we too dependent on technology?" The learners shared varied point of views, opinions and arguments supporting their stand ('For' and 'Against') on the topic. The event was also graced by the presence of the honourable director, Ms. Jasmine Gandhi and the principal, Ms. Sharmila Chatterjee, who encouraged the learners for their effort and hard work. The learners participated in full spirit and their participation was acknowledged with e- Certificates.

### Web Experiences unfold...Elocution Grades 6-7



## **Relatioships Fostered Digitally**

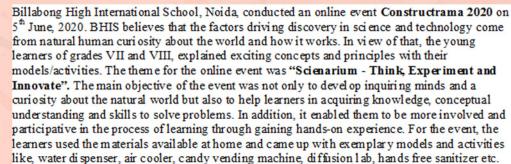


## Constructrama Gr VII- VIII



Supriti Roy VIII B Eco Friendly Air Cooler







**Drip Irrigation** 

Water Dispenser





Rubber band The Crazy Powered Boat R.G.B



Air Cooler

**Diffusion Lab** 



Terrarium





## Sunny Smiles Grade 1

Candy Vending Fire Extinguisher

Machine

Sunny Smiles was organised in the summer break for learners of Grade 1 to showcase their creativity. Learners were encouraged to choose and create a bird bath, bird feeder, transport model or a dish for their fathers on Father's Day. They were provided ample time to create their creative. Many learners participated in the event and presented their models with confidence. They shared about their experience of creating their models and the various materials used while creating them.

## Tell a Tale Grade 1

'Tell a Tale' was conducted in the month of August, 2020. All learners participated in 'Tell a Tale' with a lot of enthusiasm. They narrated a fable using finger puppets virtually which was an engaging experience for each of them. Learners used handmade puppets which were created by them using various waste materials.

With voice modulation and hand gestures, they narrated the fable and in the end, shared the moral of the story. Some of them depicted the setting of the story using some props in the background such as using sand and toy trees, they depicted the setting of a jungle.



## **Distances** abridged virtually



## Building digital peer relationships...The Chronicles of Discourse

### Debate...Point - Counterpoint

News of the Hour





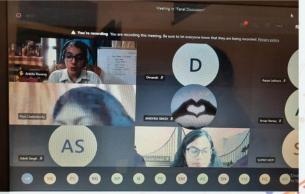


### The Chronicles of Discourse 2020

Billabong High International School, Noida organised its fifth Inter-school literary symposium, 'The Chronicles of Discourse', online on 29th August, 2020. The event was graced with the presence of the honourable director Ms. Jasmine Gandhi along with the principal of the school, Ms. Sharmila Chaterjee and the esteemed members of the jury who are experts in their fields. Several schools from across Noida / NCR participated in this online event. Discourse and critical thinking are essential tools when it comes to the progress of the society and it was made evident through all the presentations, putting forth the viewpoints and thought sharing by the young leaners, who are the harbinger of positive change and transformation in every country. The symposium, which constituted of three segments that is, Debate for grades X- XII, Panel Discussion for grades VIII and IX, and News of the Hour for grades VI and VII; gave them the opportunity to explore, research and delve into the themes. The learners had a spirited debate on "Human happiness is a disposition of mind and not a condition of circumstances". In the panel the learners engaged in thought provoking discussion on the topic "Knowledge is power; information is liberating and education is the premise of progress in every society". The News of the Hour consisted of several illustrative and informative piece of news reported by the participants on topic like, A Road Accident, A Flood, Artificial Intelligence and Sports. The learners were given recognition for their participation in the following categories: Best Debater- For and Against (Winner and Runner Up), Best Interjector (Winner and Runner Up), Best Panellist (Winner, Runner Up and Most Promising Speaker), Best Reporter (Winner, First Runner Up and Second Runner Up). The fifth chapter of the symposium concluded with the young learners being in high spirits and taking away a whole lot of motivation and encouragement from their peers and the esteemed members of the jury.



## Panel Discussion ... Talk it out







Expressions unceased... Poetry Recitation Grade 3

### **Billabong High International** School Noida,

to bring out their learner's creative and imaginative self. The learners of grades 3 and 4 participated enthusiastically in the poetry recitation activity in which they shared their poetic thoughts and expressions by rhyming their lines.

## The Digital Dispatch Of School Events

## Heal the world heal the future Grades 4-5

**BILLABONG HIGH** 

Each one of us whether it's fauna, flora or the human race is sailing in the same boat. The COVID 19 pandemic has affected us on a global level. Not a single aspect from physical, financial, economic, social to emotional has been left untouched. We all talk about saving our nature, our earth, and in some way or the other, I am sure you must be doing your part. The positivity and belief in self are the most important aspects that can make us stand strong.



This summer break stood as a booster to give these aspects a thought. And yes. Here we were on a common forum where the learners of Billabong High International

School, Noida could be seen putting their thoughts and opinions through poster designing event - Heal the world. Heal the future on topics like Towering technology over conventional books Coronavirus - A bane for the human race, a boon for nature Act of kindness. Help doesn't need a touch COVID-19 - Life before and after, Reduce it



or lose it Waste management. The learners introduced themselves and reflected on their thoughts through their poster creations. It was really a wonderful experience listening to all today on this common platform with similar thoughts and ideas... A step towards our environment, our nature, our mother earth wherein they emphasized that common idea that caters to the healing of self, the world, and finally the future.

### Nest your zest with skills and thrills Grade 3

Summer vacation is the happiest time in the life of students. To rejoice the 'vacation' time, BHIS forever offers a plethora of fulfilled activities for the exuberant learners, aiming to make their stay at home during summer break knowledgeable and interesting with the available resources.

> In summer 2020, the learners of grade III made their debut performance in the series of virtual activities captioned, "Nest your Zest with Skills & Thrills" showcasing their innate talent enabling them to enjoy the freedom to experiment and embrace abundant leadership qualities related to their area of interest such as:

Shadow Talking in the form of an engaging narrative or poem.
Roman Numbers around us illustrated through collage demonstrating their spatial skills as well as math and lateral thinking skills.

•Fossil Fun activities, where the budding paleontologists shared innovative ways of making fossils. It was a treat to the eyes to witness the talented learners demonstrating positive work skills. These skills will surely help our learners in going

the extra mile. The School Principal appreciated the commendable efforts and the zest of learners to create new things.

## The Positive Self unceased



## Fostering critical thinking through mathematics...Maths webinar

Maths webinar was conducted for the students of BHIS on How to look at art a mathematical perspective. Mathematics is study of numbers, patterns, structures. Mathematics has directly influenced art with conceptual tools such as linear perspective, the analysis of symmetry, and mathematical objects.



The session portrayed the relationship of Maths and Art through Madhubani painting, Warli Art, tessellation, Mandala Art, Linear perspective and so on. Making three dimensional shapes using straws. Musical fraction xylophone and riddles were also a part of the session.



N'T DRIN



## My name ...my fame...My pride

00

hat

Practice makes a man perfec

IF afou TE

INVE 2

THE TRUTH Syou. DONT





Shouldering responsibilities... Road safety



## Spreading positivity with their thoughts

ducation is the nost powerful on which you

10



## Celebrations can't cease... Uninterrupted feelings depicted on digital platform





## Soaring high in Patriotism... Independence Day Celebrations





Unwavering inner joy for being a part of this GREAT NATION

## **Experiential Environmental Sciences**



Starry Bookmarks



## **Mindly Mathematics**

Applying Mathematics to unleash the creative instinct in shape



Carving out 3 D Shapes



### Talking about Triangles and Polygons

**BILLABONG HIGH** 

Di

- App





**Deciding directions** 

Bookmarks...Marking calculations



## Lifeskill Training

Expressions India conducted Mind Smart 2020 in June 2020. 8 learners from BHIS from Grade IX to XI attended the session. The sessions were taken by Ms. Geeta Mehrotra, Master life skill trainer. Students from different schools participated in the interactive session. The focus of session was creating awareness for Life Skill and appreciating the importance.





LIFE SKILL SESSIONS FOR DIFFERENT GRADES WERE ORGANISE IN ONLINE MODE

## FE HELP US FIND OUR IS BELOVED PET!

Mode : Story was used for Grade III to V. Stories related to Self Awareness. Gratitude, Self Control, Kind words, Self appraisal . Self reflection Mode : Discussions and Talk shows by learners : Grade IX -XII

### Students of IV grade in life skill session



New Normal Accepting the challenges Adjustments to the changes and rising ways to stop procrastinating Time management Interpersonal relations and social skills



## PLAN YOUR CAREER THE RIGHT WAY.

Career Counselling workshops organised for Grade IX-XII Session for options after Humanities and commerce Session for options after Science.



### BILLABONG HIGH INTERNATIONAL SCHOOL NOIDA



Welcomes you to Career Counselling Session Topic : Career Post Covid19 for Grade IX –XII 3rd October 2020



## CAREER COUNSELLING SESSION WERE ORGANISED FOR STUDENTS BY PEOPLE FROM INDUSTRY



## Pathfinders ... Mentorship on a virtual platform

TOPIC	CONDUCTED BY
MAKING INFORMED CHOICES ( Commerce and Humanities Stream )	In House (school)
MAKING INFORMED CHOICES( Science Sream)	In House (school)
EMERGING CAREERS Webinar : Career Counselling Sessions (Multiple Sessions) on career options (In India and Abroad )	Dr.Jitin Chawla
Webinar: Career Counselling Sessions - Management/Law/Fashion studies	IILM University (Gurugram)
WHAT AFTER Gr 12 ?	Dr.Jitin Chawla
Career Counselling Sessions	
Webinar: Career Counselling Sessions	Pearl Academy
Webinar on Career Counselling for Gr 9-12 Careers in demand POST COVID	Futures Abroad

	Program	Organization
S.No.		
1	Summer Internship for Psychology students – Gr 11 & 12	A one week online internship program conducted under guidance of Dr.Samir Parikh, FORTIS HOSPITAL
2	MIND SMART 2020	Online : Conducted bt Expressions India Students participated in Adolescent Leadership Program in Life skill and wellbeing
3	International Adolescent Summit	Expressions India



## When paper listens to you... Writing at its best!

be mai

child.

Independence day

What I know about Insependence is doing our labour by myself. I

I brush my treth , cost my tais , make

my bet and take case of my

we should all be independ inted. We shoul at least take

the meaning of indigendence. And the simple meaning of a freedom

own selfs and that's

room all by ngself. I think

am an independent

cane of

is indipence



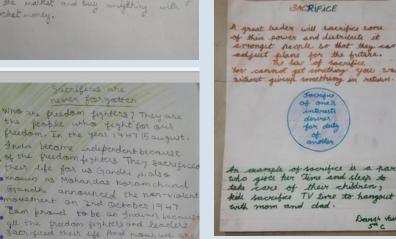
#### My Topic - My Idea of Freed

lithen 9 was 5 years old , 9 wasn't aloud to go litter 9 was o years and go ways wanted to go to any morket all alone. I always wanted to go alone with my frinds, but 9 was too young. My possite told me that when I twind 8 then I could alone to a market. When 9 was 7 mill bistiday was 2 days away. Twee to heffy that everyday? told my friends about it. Finally my bistiday and as a gift I was aloud to go to a shop buy what ever superior to go to a shap to the morket and buy anything with my pocket money.

jacrifices are

Safe and independent because of them. We will during some one that e lenders and freedom fighters. I provide solute them!

(JAT)

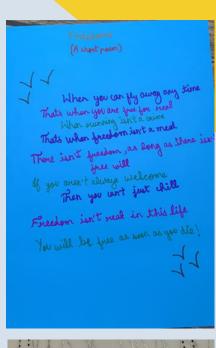


living in a democratic and Indeedent country. Here sacrifice and Salar courses make us a file citizen to enjoyall the constitutional right.

Darish Valish

The only war to gap tribute to our heroes will be the Inity We shalls not stand against each other, avoiding communal latred parting to recent duties properly All of these will be the duties to level to an patriots. Let been determination and perservonce be our quidelines for our country development. The HTND

R. Kerin Timothy Thavaraj 5-B Patience Canadi









## When paper listens to you... Writing at its best!







FREEDOM

88

idea of freedom laving freedom is the

## like Indipendence day because

My Idea of freedom.

my school this day celebrate very huge level and in the society also celebrak this dry every year but in this year because of CORONA these are no collaboration at all. So I am not happy I am CORDINA at all. So I am not have reay buby hiss my socked ages, and walking / playing outside freedom. I don't want to like choices in home. I tore my choices in home. I bendom. J schol. I love my precham Rituz 5B















Where I dive, in nothing, but an ocean of priceless memories... -Shreya Karmakar VII C

Now, a few years from then, With its sweet old smell back in itself, consuming me once more in its welcoming warmth

with my collection of evacuations... The same shawI I drape over myself,

Urging to be thrown away, with its fibres coarse and hard now, piercing through my skin, which once used to be preserved

A rough elasticity replacing them, as it is an evidence, to have been used for too long now, And stretched for longer still...

The colours lose their vibrance, The coziness, gone...

over the years something begins to wear off.

expecting me to explain it better... It seems everlasting, but for a short period of time,

urging me to explore it further, wanting me to know it more.

to the weaver who set its heart upon... Consuming me in its warmth,

discovered, make no sense to me, but might mean the world,

indicate a special cause... A hidden meaning not yet

giving a feeling of comfort, intricate patterns and drawings,

The soft textures soothe my skin, the

-Girija Dhingra An Via Shawl

I'm sure you too will find yours, As doctors find the cures.

unlock diaries, As I unlock my potential through these congeries.

never had. To learn skills that make us feel glad. Poems are a part of my

what we are given, Showing us how our ancestors have striven. Lockdown gave us the time we

measure. Lockdown taught us to value

Reassuring, teachers are always there to hark. Doctors are serving the nation with pleasure, Mothers' love has no

No one meets any longer, All we gotta do is linger. Online school is up to the mark.

more, Safe is now merely a synonym of indoor.

Mv Unlock Diaries The skies are clear, Animals no longer fear. The impossible outlives no

A Glimpse into my Diary

-Supriti Roy

VIII- B

You all must have understood by now.

Technology, a servant or a master?

-Shreya Karmakar VII C

the end technology is only the slave.

-Ikshita Raina

VII- C

Technology- An Essential in the fast changing world

Sometimes, life does change overnight. One day, the streets were hustling and bustling with myriad activities, the offices were full, and children came back from school with a dozen stories to share. The next day, we woke up to empty streets, skeletally staffed offices and untimely school holidays. Little things make big days. During this uncertain period, I created a corner for myself where I sit to relax and be with myself. The next page of my diary is in the form of a short poem. Where lovely things mix and match, And greenery fills the walls. The air savours each scent and smell, And to me with love it calls.

Turning cooking episodes into an adventure had been a great time for me to know about the kitchen and

turned into a messy disaster. I Play board games and binge watch shows and movies with my family. I do try

some exercises also for my physical well-being. Ralph Waldo Emerson has said that "Every artist was first an amateur". So getting inspired with the above words, the next page of my diary tells about me trying to strengthen my sketching skills I write poetry, I create art journals and the list continues... Remember, all

In today's hectic world, technology is what supports us. Humans create, control and limit technology. It

does not hold any meaning in and of itself. No computer or technology can ever compete with a human

brain. In fact, infinite uses of technology proves the superiority of the human race to have created a tool so

helpful. Even in the current situations, it is technology that helps in keeping track of the illness, and

monitors its signs and growth. Different countries can share precautionary measures via technology. The

education system reinvented itself through technology to prevent academic loss. Moreover, several areas have access to grocery and essentials through mobile apps. Humans have modified technology to cater to their needs. It saves time, manpower, and is one of the greatest creations of mankind. In conclusion,

technology is our strength. That is why I firmly believe that technology is our servant and we, its masters.

Technology is being used on a daily basis. Now with the stay-at-home-measures at hand, it has become

more important than ever. Technology is helping us to keep a track of COVID-19 infections globally. It is

also helping us to be aware by marking the infected people around using mobile apps. Though technology is

helping us to avert this crisis, it is ultimately created by mankind itself. It can't operate on its own. All that

technology does is the response to the commands given by a human. Communication devices, Vaccines,

Tracking apps, etc. are all developed by human beings and they work on the command of humans only. So in

INTERNATIONAL SCHOOL NOIDA



I'm referring to my plants. Yes, I do gardening also occasionally. I prepare natural manure with kitchen waste and egg shells.

that matters in the end, is the way we look back at these trying times.

learn to bake a cake which I finally succeeded in the third attempt. The kitchen had

Walking Passionately Towards My Long - Lost Dreams Many of us think that it is too much now and I can't be holding on to my dreams forever and if I am not able to reach or set my goals, I should just quit. But no that's wrong and not motivating at all for a person who wants to accomplish his or her dreams. Rather we should think that the goals we are setting are somehow not fulfilled by us. To achieve one's dream one has to be passionate and inspired by whom we admire the most. For example, a person wants to become the next record holder after Neelakantha Bhanu Prakash who is also a person who got inspired by the human computer (Shakuntala Devi). So, we need to be full of hope. Let me give one more example like Cinderella who was filled with hope for when she got up in the morning and ended her day with a brighter smile every day, but once her stepsisters ruined her party dress, she lost hope but it was quite a long time since she was filled with it so a fairy godmother appeared in front of her and left her in a mesmerising shock after helping her a lot. So this is also one of the reasons to not lose hope but to keep on working with it as who knows what might happen. There could be a miracle in front of our eyes before we even know it. Well, if you haven't really found your purpose in life and you think that you are really very young to indulge in these kinds of things, it doesn't matter because as we grow up, we become more understanding towards what we want or what we want to achieve in life. Now, if we also think that our friends know what they want to do with their life, there is no need to be jealous and find it ourselves at that very moment because this is a whole process as we might know that the ones who know their purpose must have understood it at a very early age but for some reasons we on the other hand, are working hard in finding our favourites so let yourself be free in the world the destiny will be unfolding on the choices you will make in life. Stressing yourself will do nothing but take away your life and what you are passionate about because then we will start losing focus on what we love to do the most, so stay calm and healthy and do not pressurize as we will become more understanding. There is a long and healthy life ahead

-Naina Batra VII C

of you if you have freedom and non-pressurizing life.!!!

#### A Bad Master or A Good Servant?

Hope is being able to see light

despite the darkness. A thing that

Technology has always been a great help to mankind, from communication to connectivity to our daily dose of entertainment. The world has grown leaps and bounds only due to various new technological advancements. During the current pandemic, schools, colleges, offices and other places have been shut since 2 months and the only remaining way to connect without direct human contact, is through technology. It has played a great role in connecting us to the world, our friends and even school. It has paved a way for the world to go on. However, even a casual conversation now requires technology's assistance. At least three hours to even twelve hours are spent daily either for online education or on online business meetings even though the maximum recommended time spent should be 2 hours. Thus, technology has taken over a major part of our daily routines. During this pandemic we have no way but to use technology will continue. This can cause various diseases such as eye strain and migraine. Poor posture can cause chronic back or neck pains. It may also cause insomnia or sleep disorders and because it is extremely addictive these cases might be severe. If the average amount of screen time for a person is 3- 4 hours daily then in just a few weeks it will become addictive. So, after the pandemic ends, the question remains, will this overpower us? Will excessive screen time still remain in our routines? Will it become a habit? And will it take over our social lives??The answer to most of these questions is "YES!". Thus, I conclude that if our daily screen time is not reduced, it will cause havoc with our lives. If used judiciously, it can be a very good servant but if allowed unchecked, it will be a very bad master!!!!
-Aadhya Singh VII- A

changed our lives. A thing that hanged our routine. It stopped us from meeting our friends or studying together. It also stopped us from going to the office or playing in the park. Yes, it is the virus with which the whole world is fighting together-COVID 19. It is an infectious disease caused by a newly discovered Coronavirus. During the past few months, this virus has been spreading relentlessly, thus. affecting a large number of people. There was a time when all of us thought that we won't be able to combat this virus, but it is truly said, "Hope is being able to see light despite all the darkness". Our frontline warriors, that are, our doctors, came up and stood against this virus. They gave us a ray of hope. They told us how we can prevent infection of this virus. We followed their principles and today, as a result, our recovery rate is much higher than that of the people getting infected. Not only the doctors, our teachers, police officers and media have also given us a lot of support and strength during this pandemic. It may take some time to come back to our daily routine again because after winning the fight with

COVID 19, we have to gear up as the number of job opportunities will decrease drastically, but we will soon overcome this struggle also. Till then, we just have to hope for the best and thank all our heroesdoctors, teachers, police officers, media and the last but not the east, our government.

Saumya Singh IX- B

#### **Opening Doors to Positivity**

Man-made tool 'technology' is meant to serve us not master us, even in the current scenario of pandemic. Definitely the restrictions imposed due to pandemic have given a new dimension to use of technology like online classes, work from home, telemedicine etc. The silver lining of the pandemic, the slow-pace life and valuable time gained from home confinement should be used to spend quality time with family, pursuing hobbies, reading books, playing instruments and listening to music, creating artworks, helping our elders in daily errands, watering plants, exploring mother nature and other leisure activities. Let's not ruin this wonderful opportunity by the overuse of technology, social media, online gaming and screen time. We need to shape the tool of technology for our needs and not let technology drive us. Let it remain a boon not bane.

#### -

#### Why we need positive body image

Distorted body image perception is a growing problem in today's society. Most people think having a fit body means you have a positive body image, having a positive body image means you accept your body emotionally as well as physically. We have somehow normalised the idea of 'body image' but in a wrong way, we assume being slim or fit means we have a positive attitude. We have made negative body image so normal that people compare themselves to others in terms of looks and appearances, they start thinking they need to reduce weight in order to appeal to the masses. Negative body image can be developed from anywhere; family, culture, peers, advertisement being one of the main reasons to promote negative body image, ads showcases and promotes "thin-ideal" having a significant effect on people that to be healthy you have to look a certain way. As the problems associated with decreased body satisfaction continue to grow, it is important to more clearly differentiate between successful and harmful advertising. In this modern era of communication and technology, where advertisements display images of a specific beauty ideal and forget to celebrate originality, individuality, and uniqueness of people. This gives a false hope to people, especially young adolescents, to perceive this type of ideal beauty, not only this, such global images of beauty in advertisements affect individuals' self-perceptions. The unhealthy societal standards and pressure can impact how one views themselves, makes them conscious. relationship between exposure to thin ideals and lowered self-perceptions can even lead to eating disorder symptoms. We need to normalise the idea of body diversity and recognize all shapes and sizes, that's a way to spread positive body image and not idealise only one type of shape or beauty.

#### - Levana Surana XI- B

#### Is Educational Qualifications for politicians necessary?

For every developing nation education is the key be it human development or mechanical development. After 73 years of independence, our main goal shifted from hunger to education for better and faster development. This leads to a very important and common question "Is Educational Qualifications for politicians necessary?"

If you ask me.... Yes, educational qualification should be necessary for political leaders, they are the ones who will lead the country ahead and make all the essential decisions for their people. Not only this but because many leadership attributes are gained through education. Leaders with no education cannot cope up with the change hence it hinders country development. A leader should not only have experience and maturity but proper education for the country's prosperity. Political action is often related to conflicts, complex contexts and dilemmas - how to make a fair decision? With qualification they can have better decision-making skills and take a fair and unbiased decision. One should know something about ethical behaviour and the danger of its violation by political action. An educated political leader will understand the worth and importance for education which leads to more focus in the education sector. Almost all political posts in our country require qualification then why not for an elected leader, they are the ones who run and form the government and for this they should know how a country's economy functions. For a political leader, there is no substitute to going through the rigors of education and the discipline and cognitive skills. On the other side of the story, the ability to learn to resist the temptation to succumb to corruption in a real situation depends on reflected spontaneous reaction, for this they need experience and basic life ethics. In conclusion education should be a must for any and all political leaders.

- Levana Surana XI- B



## कलम की ताक़त



कोरोना महामारी कविता

चीन की यह कारिस्तानी, शुरू हुई कोरोना की कहानी। पूरा जग चपेट में आया, किंसी को बचाव समझ ना आया। भारत ने किया लॉक्डाउन का एलान, यही था मोदी जी का मास्टर प्लान। बच्चे, बूढे और जवान, घर पर रहकर रखो ध्यान। सोशल डिस्टन्सिंग को अपनाओ, मास्क पहनकर ही बाहर जाओ। मौक़े का फ़ायदा उठाओ, परिवार के साथ वक्त बिताओ। जुकाम, खाँसी या बुख़ार आए, फ़ौरन डॉक्टर को दिखलाएँ। किसी से ना हाथ मिलाएँ, नमस्ते की संस्कृति अपनाएँ। हाथों की करो धुलायी, तभी होगी कोरोना की सफ़ाई। जल्द ख़तम होगी महामारी, सबके मुख पर होगी ख़ुशहाली।

#### अनुष्का अग्रवाल कक्षा ८ स

स्वच्छता

एक नया सवेरा लाएँ, चलो भारत को स्वच्छ बनाए। अनुष्का अग्रवाल कक्षा ८ स

प्रकृति की अनुभूति कंविता

> दिल चाहे सुंदर वृक्षों के बाहों में झूला झूलूँ मैं। दिल चाहे कि पँख लगाकर चिडियों के संग उड जाऊँ मैं। नील गगन में, ठंडी पवन मैं, मस्ती से लहराऊँ मैं। प्रातः सूर्य की नरम किरणों की अनुभूति करती जाऊँ मैं।

वर्षा ऋतु में पंख फैलाकर मोरों के संग नाचूँ मैं। स्वच्छ निर्मल वायु बनकर खेतों में लहराऊँ मैं। रंग-बिरंगी तितली बनकर अमृत रस पी जाऊँ मैं। गुन-गुन करते भँवरों के संग फूलों पर मंडराऊँ मैं।

कल-कल करती नदियों का मधुर गीत बन जाऊँ मैं। सागर की ऊँची लहरों के संग में ताल मिलाऊँ मैं। निशा की निर्मल बेला में तारों की चादर बिछाऊँ मैं। रातरानी का फूल बनकर सारा जग महकाऊँ मैं।

अनुष्का अग्रवाल कक्षा ८ स



हमारे बिल्लाबोंग के होनहारों के चित्र व् लेखन चकमक पत्रिका में प्रकाशित हुए। हार्दिक शुभकामनायें।



चित्रः दिविशा, पहली ए, बिलाबोंग हाई स्कूल, नोएडा, उत्तर प्रदेश

जब में स्कूल जाती थी तो अपने दोस्तों और टीचर्स को मिल पाती थी। उनसे बातें करके मुझे अच्छा लगता था। अपने स्कूल के ब्लैकबोर्ड को मिस करती हूँ जिस पर लिखकर हमारे टीचर्स हमें पढ़ाते थे। पर मैं अपनी कक्षा का खाना मिस नहीं करती हूँ क्योंकि मेरी मम्मी मेरे लिए नए-नए तरह के पकवान बनाती हैं।

त्विशा कौर, तीसरी डी, बिलाबोंग हाई स्कूल, नोएडा, उत्तर प्रदेश



#### पलाक्ष उनियाल सात 'ब'

बना लो।

जगा लो।

जिया गर्ग छह 'स'

दोस्ती : एक प्रेरणा का स्रोत दास्ता : एक प्रश्ण का सात यह वाक्या मेरे दोस्त देवेश के बारे में है। वह बहुत अच्छा और हँसमुख लड़का है। एक बार मैं, देवेश और मेरे अन्य मित्र स्कूल से अपने-अपने घरों को वापस जा रहे थे। हम सब आपस में बातें करते-करते अभी कुछ ही दूर चले थे कि तभी हमने देखा कि एक बढ़ा व्यक्ति अपने हाथ-रिक्शा पर ढेर सारा सामान लादकर उसे एक हल्की सी चढ़ाई पर खींचने का प्रयास कर रहा था। जिसमें उसे बहुत परेशानी हो रही थी। उसे देखकर मैं और मेरें अन्य मित्र हँसने लगे। तभी हमने देखा कि देवेश भागकर गया और धक्का लगा कर उस पर खींचने का प्रयास कर रहा था। जिसमें उसे बहुत परेशानी हो रही थी। उसे देखकर मैं और मेरें अन्य मित्र हँसने लगे। तभी हमने देखा कि देवेश भागकर गया और धक्का लगा कर उस व्यक्ति की मदद करने लगा। यह देख कर हम भी सब गए और रिक्शा पर धक्का लगाने लगे। चढ़ाई चढ़ने के बाद रिक्शे वाले ने हम सब को धन्यवाद किया। हम सब थक चुके थे इसलिए मैंने गुस्से में देवेश से कहा कि तुम्हारी वजह से हम सब थक गए हैं। इसके जवाब में देवेश ने हम सब से कहा कि कभी भी किसी को परेशानी में देखकर हसना नहीं चाहिए बल्कि जितनी हो सके, हमें उसकी मदद करनी चाहिए। इस प्रकार हमें ऐसे मित्र बनाने चाहिए जो हमें हमारी लती का एहसास कराकर सही रह दिखाए। यह बात मेरे दिल को छू गई और मैंने प्रण लिया कि में जब हो सकेगा तब दूसरों की मदद करूंगा। में जब हो सकेगा तब दूसरों की मदद करूंगा।

### अभिनव दास सात 'अ'

मित्रता एक ऐसी चीज है जो आपको धीरे-धीरे से बदलती है। आपको पता ही नहीं चलता कि आज आप जो हो, एक साल पहले कैसे थे। राघव और आलोक अच्छे मित्र थे। आलोक पढ़ाई में अच्छा था और बड़ों का सम्मान करता था परंतु उसके मित्र ने कभी भी इनका महत्व नहीं समझा। कक्षा 'छह' के शुरू होने पर उन्होंने बहुत सारे मित्र बनाए। राघव ने अच्छे लोगों से मित्रता की परंतु आलोक बुरी संगति में पड़ गया। वह नहीं देख पा रहे थे कि धीरे-धीरे उनका व्यवहार बदलता जा रहा था। आलोक ने अध्यापक का अभिवादन करना भी छोड दिया था और पढ़ाई के समय वह चित्रकारी करता रहता था। दूसरी ओर राघव अब पढाई को महत्व देने लगा था और बड़ों का सम्मान करने लगा था। वार्षिक परीक्षा के उपरांत छुटिटयाँ चल रही थी और साल ख़त्म होने को था। इससे पहले छात्र कक्षा 'सात' में जाते, अध्यापक छात्रों की परीक्षा का परिणाम उनके माता-पिता को दिखा रहे थे। राघव को 98% अंक मिले परंतु आलोक को बस 49% ही अंक मिले। इस प्रकार सुसंगति हमारे व्यक्तित्व को बदल देती है। ये हम पर निर्भर करता है कि हमें अपना व्यक्तित्व कैसा बनाना है।

### सुसंगति

#### एन्या चंद्रा सात 'अ'

अभी मुझे श्वेता को सब काम समझाने हैं जो हमने पहले किए थे।" ज्योति उदास होकर गुस्से से बोली, "तो जाओ अपनी श्वेता के पास, मैं किसी और के साथ खेल लूँगी।" यह कहकर वह वापस जाने लगी। "रुको तो, तुम हमेशा मेरी सबसे अच्छी सहेली रहोगी।" ज्योति के साथ खेलो; हम तीनों एक साथ खेलते हैं; फिर तुम्हें पता चलेगा कि वह कितनी अच्छी है। सीता ज्योति को खींचकर श्वेता की तरफ ले गई। श्वेता आओ, हम खेलते हैं ज्योति के साथ। "ठीक है सीता", श्वेता ने उत्तर दिया। तीनों मिलकर खेलने लगे। धीरे-धीरे ज्योति को पता चला कि श्वेता बिल्कुल सीता की तरह थी। ना केवल बाहर से बल्कि अंदर से भी। उसको भी श्वेता अच्छी लगने लगी और अंत में उसने कहा- श्वेता, आज से तुम, सीता और मेरी सबसे अच्छी सहेली हो। फिर तीनों मिलकर हँसते- हँसते खेलने लगे और अपनी कक्षा की ओर चल पड़े। अत: किसी भी व्यक्ति को जानने के लिए हमें उसके साथ समय बिताना पड़ता है तभी हम सको जान सकते हैं।

ਹੁਲ पड़े। ज्योति सीता की सबसे अच्छी सहेली थी। वह दोनों हमेशा सबकुछ एक साथ करते थे। "अब बातें करना बंद करो बच्चों !", अध्यापक ने कहूा। सारे बच्चे चुप हो गए। आज हमारे साथ एक नई बच्ची है, उसका नाम है श्वेता। अध्यापक के सामने एक लंबी, सुंदर लड़की खड़ी हुई थी। उसका चेहरा चमक रहा था और उसके बाल लंबे और ले थे। सीता उसको देख कर चौक गई। उसने कभी भी ऐसी सुंदर लड़की नहीं देखी थी। "श्वेता जाओ, सीता के साथ बैठो।" सीता बहुत खुश थी। अब शायद से श्वेता मेरी दोस्त बन जाए। काश !मेरे पास भी ऐसे बाल होते। पूरे दिन सीता,श्वेता को प्रभावित करने की कोशिश करती रही। श्वेता को सीता बहुत पसंद आई तो ज्योति को यह देखकर बहुत बुरा लगा कि वह शुरू से ही उसकी सबसे अच्छी सहेली थी। तो क्या श्वेता उसकी जगह ले लेगी ? उससे यह सोचा नहीं जा रहा था। ज्योति सीता के पास गई। "सीता चलो,हम खेलते हैं।" "नहीं, ज्योति,

दोस्ती: प्रेरणा का स्त्रोत "सीता", ज्योति चिल्लाई, जल्दी आओ। आ रही हूँ ,सीता वापस बोली। दोनों एक साथ अपने स्कूल की ओर

आरोही छह 'ड'

अध्यापिका,अध्यापिका अध्यापिका,अध्यापिका, होती यह सबसे प्यारी, शिक्षा देती हमें सारी। अध्यापिका,अध्यापिका, एक सख्त गुरु से लेकर,हमारी दूसरी माँ. दिखाती हमें पढ़ाई की एक नई दुनिया। अध्यापिका,अध्यापिका, टोकती हमें बातों पर, पर अगर दिया सही जवाब तो बनाती एक सितारा, हमारे हाथों पर। कभी तो करती मज़ा और कभी तो देती अच्छी-खासी सज़ा। अध्यापिका,अध्यापिका, हर मुश्किल से लड़ना सिखाती, दुःख में खुश रहना सिखाती, मिल-जुलकर हम सब काम करें, अपने संपनों को साकार करें, ऐसी कोशिश में रहती सदा. अध्यापिका,अध्यापिका।

गुरु वही जो जीना सिखा दे। जो करे जिंदगी शुरू वही है मेरे आदरणीय गुरु। रनवीर लुथरा छह 'स'

सच और झूठ से साक्षात्कार करा हमेशा दिखाए सच्चा मार्ग वो तुम्हें, तुम्हे एक अच्छा इंसान दे, गुरु वही जो जीना सिखा दे। मुश्किलों से लड़कर आगे बढ़ जाओ तुम्हें वो इतना समझदार बना दे, बताए तुम्हे कि जीत जाना ही सबकुछ नहीं, हारकर जीत जाने का हुनर सिखा दे,

गुरु वही जो जीना सीखा दे। कर दे कायाकल्प वो तुम्हारी,

मेरे गरु गुरु वही जो जीना सिखा दे. आपकी आपसे पहचान करा दे. तराश दे हीरे की तरह तुमको, दुनिया के रास्तों पर चलना सिखा

आत्मविश्वास जिंदगी के सफ़र में मुश्किलें अनेक आती, आत्मविश्वास हो जिसमें वह स्वयं टल जाती। नामुमकिन कुछ नहीं इस जहाँ में, आत्मविश्वास हो तो, मिट्टी भी बदले सोने में। ना रुको तुम, ना झुको तुम, हौसला रखो तुम। मन की शक्ति होती महान, तन में लाती नई स्फूर्ति और जान। हिम्मत खुद बढ़ा लो, आत्मविश्वास जगा लो, कोई रोके तुमको, कोई टोके तुमको, कमजोर नहीं है पड़ना, आत्मविश्वास की ज्योति जला, आगे है बढना। हिम्मत रखने वालों के समक्ष, ईश्वर भी सिर झुकाता, पर्वत और चट्टानों में स्वयं रास्ता बन जाता। आत्मविश्वास बढा लो मन की ज्योति जला लो, जिंदगी के कठिन सफ़र को आसान

आत्मविश्वास जगा लो,आत्मविश्वास

### सृष्टि रे छह 'स'

प्रकृति साफ हो तो सुंदरता भी बढ़ जाती है. पर कुछ लोगों को यह बात समझ नहीं आती है। हर बच्चा ये जागरूकता लाए, 'एक कदम स्वच्छता की ओर' इस नारे को प्रधान बनाएं।

#### स्वच्छ हवा में जीते जाए।

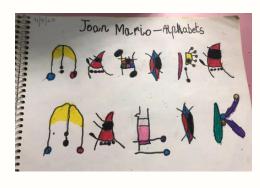
प्लास्टिक,पॉलिथीन को न कहकर, प्रदूषणरहित ये धरती बनाएं। हम सब मिलकर पेड लगाएं,

प्रकृति एक कल्पना ऐसी प्रकृति की, जिसमें सब निर्मल हो जाए। आओ शुद्धता को बढ़ाएं, अपना स्वास्थ्य उत्तम बनाएं।



**Artistic Strokes** 

### JOAN MIRO STYLE OF PAINTING







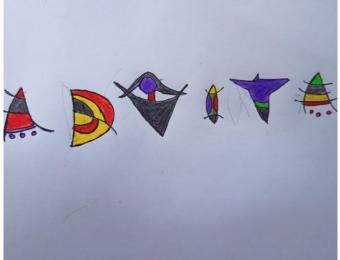














## **Artistic Strokes**

LEAF





### **PROJECT KINDNESS**





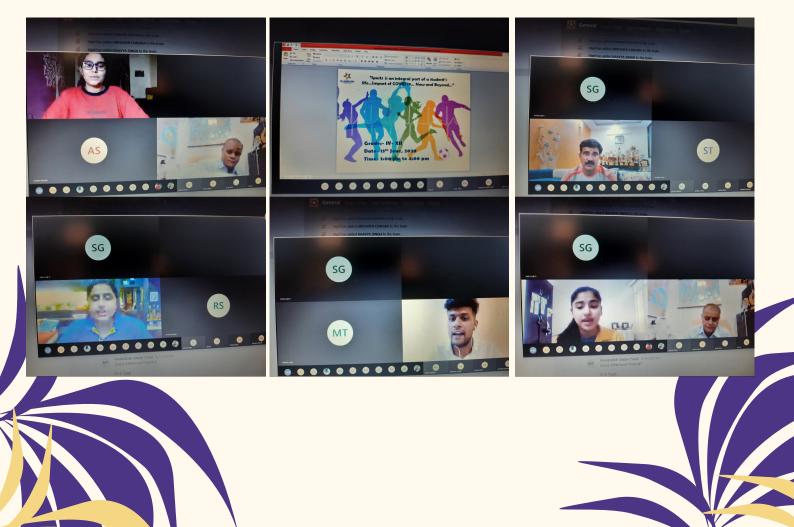


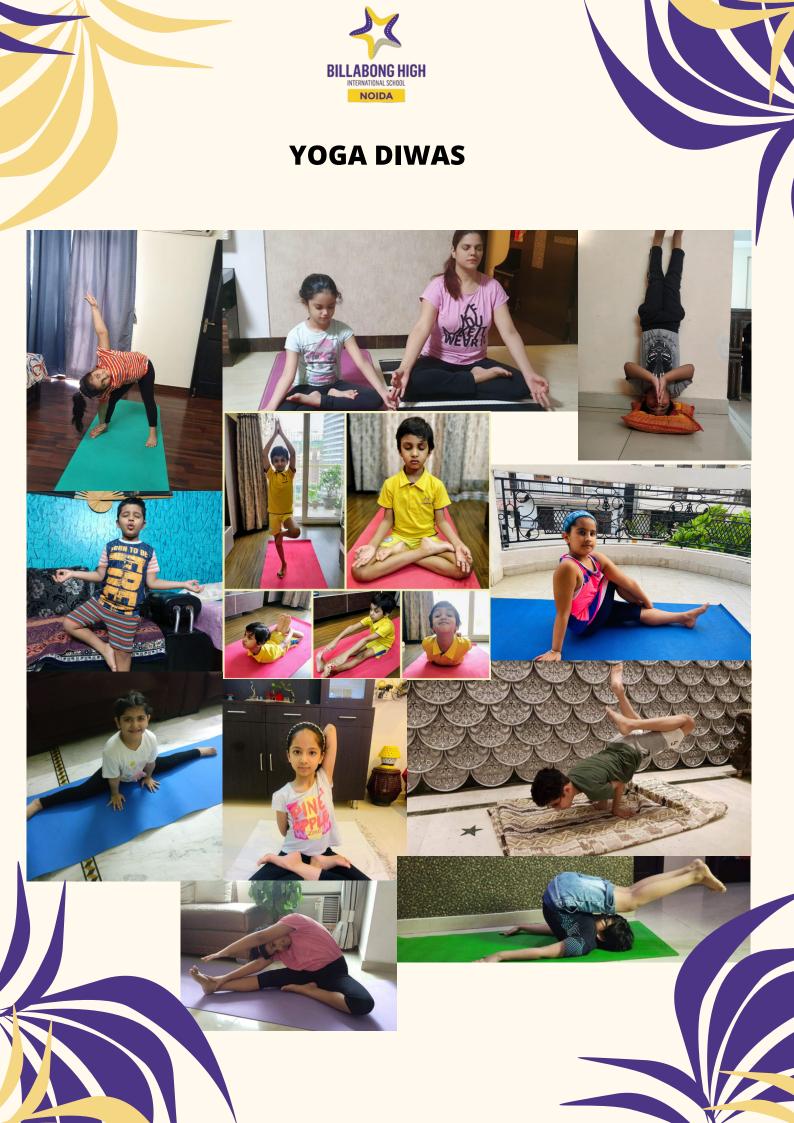


## Could New Normal change your Sporty instinct?

## **SPORTS WEBINAR**

BHIS Noida organised a Sports Webinar on 13th June, 2020 for the learners and the parents of grades IV- XII. The topic for the discourse was "Sports is an integral part of a student's life... Impact of COVID-19...Now and Beyond". Billabong High International School, always promotes sports as it is a significant part of the education and essential for the holistic development of the learners. The webinar was organised with the objective of highlighting the importance of sports and fitness activities and how even during these unprecedented times, the learners should indulge in physical activities, yoga and meditation. It also gave them an insight into the changes that one should expect in the field of sports with the world wide spread of COVID-19. The eminent speakers shared their perspectives on the impact of the pandemic on sports, the future of sports and different techniques and strategies one can follow in the current scenario to stay fit and healthy. Billabong learners of grades X and XII also expressed their thoughts on how the pandemic is affecting their life as students and sportspersons and gave an insight into ways to cope with the present scenario. The webinar concluded with a motivating song video created and composed by grade XII learners. The song gave out the message of hope and optimism to be one's driving force during these challenging times





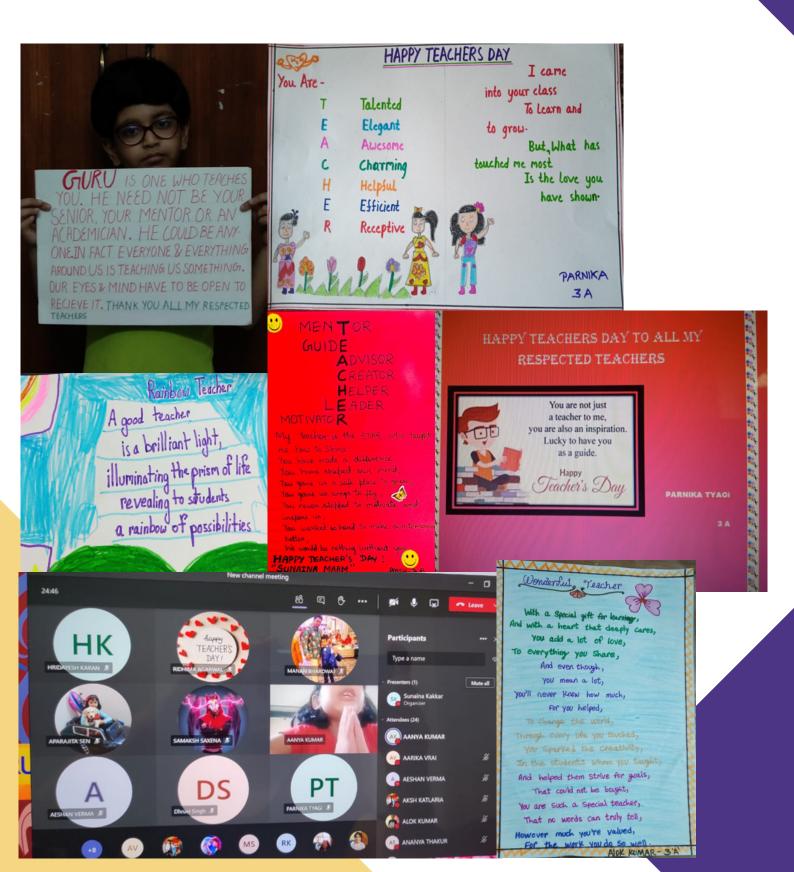


## ADORABLE GRATITUDE TOWARDS THEIR MENTORS...TEACHERS' DAY



## ADORABLE GRATITUDE TOWARDS THEIR MENTORS...TEACHERS' DAY

BILLABONG HIGH



## Faculty Development Program



PROGRAM TITLE		
CAPA	CITY BUILDING PROGRAMS CONDUCTED BY	
	OE (CENTRE of Excellence) CBSE	
•	Integration of Arts in Mathematics	
•	Content Management in Class - Physical Environment and Instructional Management	
•	Happy Teachers Creating Happy Spaces	
•	Understanding the spirt of Assessments and understanding adolescents	
•	Building Healthy Partnerships Role of School	
•	Integration of Arts in Physics, Chemistry, Biology	
•	Understanding School Libraries - Purpose and Future	
•	Dealing with misbehaviour with classroom management	
•	Constructivism	
•	Adolescence in present scenario (social and emotional chracteristics)	
•	Exploring World of Work and Careers .	
•	Importance of Personal hygiene, Nutrition and Health for Adolescents.	
•	Effective Communication	
•	Know your classroom management style .	
•	Enhancing Life Skill - Self Awareness	
•	Sustainable Green School .	
•	Sources of Stress and Responses	
•	Integration of Arts in Economics	
•	Innovative Pedagogy in Biology-Experiential Learning	
•	Teaching Strategies, Methodologies in History	
•	Magic of Gratitude	
•	Teaching Strategies/Methodologies in Geography	
•	Understanding School as Learning Organisation .	
•	Recreational Mathematics .	
•	Teaching Strategies and Methodologies in Science,	
•	Ethics-Teachers and Elders as role models	
•	Change Management	
•	The Building Blocks of Logical Reasoning	
•	Literature of class room	

•	The Building Blocks of Logical Reasoning
•	Literature of class room
•	Social and spiritual quotient among schools
•	Understanding bullying.
•	Application of life skills in day to day life
•	Cooperative learning.
•	Perspective Building on Life Skills
•	Enhancing life skills Critical Thinking
•	Exploring World of Work and Careers .
•	KOLBS Cycle of Experiential Learning
•	Developing the Skill of Decision making in Adolescents.
•	Conduct Management in Class Management of
•	Interpersonal Relationship EXPLORATION OF PYTHON MODULES AND LIBRARIES-
	CS
•	DATA FILE HANDLING IN PYTHON-AN ORIENTATION FOR THE PROJECT WORK-CS
•	COPYING WITH STRESS-STUDENTS & TEACHERS IN
	THE PANDEMIC
•	Change Management
•	ICT INTEGRATION IN TEACHING OF ENGLISH - (CLASSES
	XI & XII)
•	LITERATURE IN CLASSROOM CLASSES XI & XII
•	UNDERSTANDING BLOOM'S TAXONOMY AND ITS
	APPLICATION IN ENGLISH (XI-XII)
•	TEACHING STRATEGIES/METHODOLOGIES IN ENGLISH
•	(SPEAKING)(XI & XII) INNOVATIVE PEDAGOGY IN ENGLISH- EXPERIENTIAL
•	LEARNING CLASSES IX AND X
•	TEACHING STRATEGIES/METHODOLOGIES
	IN ENGLISH (READING ), CLASSES IX AND X
•	Understanding Bloom's Taxonomy and its application in
	English CLASSES IX -X
•	ASSESSMENT IN ENGLISH IX -X
INHO	USE WORKSHOPS
KKEL (K	angaroo Kids Education Limited) Training
Each Or	ne Write Well and effectively
How to	look at art – A mathematical perspective
	test et er er innanenheiten perspective
Using N	Aultiple Intelligence during Online Classes
_	
Managi	ing Anxiety
Robauia	our Management
Denavio	





## NO STONE LEFT UNTURNED BY THE BILLABONG MENTORS IN KEEPING UP TO THE PACE OF THE NEW SUDDEN CHANGES



Only For Private Distribution By Billabong High International School, Noida