

Menu For The Month Of Oct -2026

Date				01-Oct	02-Oct
Days				Thu	Fri
Breakfast					
Milk				Hot Milk & Cold Milk	
Cereals				Cornflakes	
Bread				Brown Bread	
Butter/Jam				Butter/Jam	
Hot Savoury				Dal Aloo Pyaj Paratha	
Fruit/Sweet/Drink					
Lunch					
Dal				Sambhar	
Vegetable				Idli	
Roti				Medu Vada	
Rice				Lemon Rice	
Salad				Coconut Chutney & Tomato Chutney	
Curd / Dessert				Dry Sweet Sewiyan With Dryfruits	
Evening Snack					
Milk				Bournvita Milk	
Snack				Vegetable Upama	
Fruit				Papaya	
Date	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct
Days	Mon	Tue	Wed	Thu	Fri
Breakfast					
Milk		Hot Milk & Cold Milk		Hot Milk & Cold Milk	
Cereals		Cornflakes		Cornflakes	
Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread
Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam
Hot Savoury	Pav Bhaji	Mix Veg Masala Idli	Matar Wheat Kulcha	Vegetable Vermicelli	Stuffed Paratha With Butter & Pickle
Fruit/Sweet/Drink	Vegetable Soup		Chocolate Pan Cake		Tadka Chaach
Lunch					
Dal	Dal Bukhara	Lobhiya	Kadhi Pakora	Sambar	Pasta In Arrabiata Sauce
Vegetable	Paneer Bhurji	Mix Veg	Kurkuri Bhindi	Idli	Potato Cheese Balls
Roti	Butter Roti	Butter Roti	Butter Roti	Veg Uttapam	Corn Cozy Vegetable
Rice	Jeera Rice	Onion Rice	Steam Rice	Lemon Rice	Mexican Rice
Salad	Green Salad & Macrony Salad	Green Salad & Achari Onion Salad	Laccha Onion & Sprout Salad	Coconut Chutney & Tomato Chutney	Vinegret Salad
Curd/ Dessert	Dahi Bhalla Papdi	Gulab Jamun	Multi Grain Laddoo	Shahi Tukda	Truffle Pudding
Evening Snack					
Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk

Snack	Vegetable Poha	Vegetable Cutlet	Vegetable Sewaiya	Vegetable Mini Sandwich	Vegetable Moong Dal Chila
Fruit	Papaya	Banana	Apple	Papaya	Banana
Date	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
Days	Mon	Tue	Wed	Thu	Fri
Breakfast					
Milk		Hot Milk & Cold Milk		Hot Milk & Cold Milk	
Cereals		Cornflakes		Cornflakes	
Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread
Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam
Hot Savoury	Veg Uttapam With Chutney	Vegetable Macrony	Pav Bhaji	Veg Wrap	Vegetable Vermicelli
Fruit/Sweet/Drinks	Papaya		Banana		Assorted Fruits
Lunch					
Dal	Kashmiri Rajma Masala	Dal Makhni	Black Chana	Sambar	Veg Manchurian -(Nutrela Balls)
Vegetable	Kurkuri Bhindi	Matar Paneer	Mix Veg	Idili	Crispy Vegetables
Chapati	Butter Roti	Butter Roti	Butter Roti	Plain Dosa & South Indian Aloo	Hakka Noodles
Rice	Jeera Rice	Veg Pulao	Onion Rice	Lemon Rice	Fried Rice
Salad/Soup	Green Salad & Sprout Salad	Green Salad & Macrony Salad	Green Salad And Vinegret Onion Salad	Coconut Chutney & Tomato Chutney	Vinegret Salad
Curd/ Dessert	Cucumber Raita	Rice Phirni	Boondi Raita	Dry Sweet Sewriyan with Dates	Brownie
Evening Snack					
Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk
Snack	Paneer & Vegetable Cutlet	Cole Slaw Mini Sandwich	Besan Chilla With Paneer Stuffing	Mexican Macrony Chaat	Vegetable Poha
Fruit	Banana	Apple	Papaya	Banana	Orange
Date	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
Days	Mon	Tue	Wed	Thu	Fri
Breakfast					
Milk				Hot Milk & Cold Milk	
Cereals				Cornflakes	
Bread			Brown Bread	Brown Bread	Brown Bread
Butter/Jam			Butter/Jam	Butter/Jam	Butter/Jam
Hot Savoury			Aloo Bhaji Poori	Stuffed Paneer Kulcha	Cole Slaw Sandwich
Fruit/Sweet/Drinks			Papaya		Banana
Lunch					
Dal			Kadhi Pakora	Sambar	Pasta In Arrabiata Sauce
Vegetable			Jeera Aloo	Idili	Potato Cheese Balls
Roti			Butter Roti	Veg Uttapam	Corn Cozy Vegetable
Rice			Steamed Rice	Lemon Rice	Mexican Rice
Salad			Green Salad & Chana Chaat	Coconut Chutney & Tomato Chutney	Vinegret Salad

Curd/ Dessert			Multigrain Laddoo	Dry Sweet Sewiyan With Dryfruits	Ice-Cream With Chocolate Syrup
Milk			Bournvita Milk	Bournvita Milk	Bournvita Milk
Snack			Vegetable Upma	Vegetable Macrony	Mexican Macrony Chaat
Fruit			Banana	Papaya	Orange
Date	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
Days	Mon	Tue	Wed	Thu	Fri
Breakfast					
Milk		Hot Milk & Cold Milk		Hot Milk & Cold Milk	
Cereals		Cornflakes		Cornflakes	
Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread	Brown Bread
Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam	Butter/Jam
Hot Savoury	Pav Bhaji	Vegetable Poha	Matar Wheat Kulcha	Stuffed Aloo Paratha	Kathi Roll
Fruit/Sweet/Drinks	Banana		Cup Cake		Manchow Soup
Lunch					
Dal	Paneer Lababdar	Pacharanga Dal	Rajma	Sambhar	Veg Manchurian -(Nutrela Balls)
Vegetable	Aloo Capsicum	Mix Vegetable	Bhindi Do Pyaza	Idli	Honey Chilly Potato
Roti	Butter Roti	Butter Roti	Butter Roti	Medu Vada	Hakka Noodles
Rice	Steam Rice	Jeera Rice	Jeera Rice	Lemon Rice	Fried Rice
Salad	Green Salad & Vinegar Onion	Green Salad & Sprout Salad	Green Salad & Achari Onion Salad	Coconut Chutney & Tomato Chutney	Vinegret Salad
Curd/ Dessert	Bhalla Papdi	Multigrain Halwa	Panjiri Laddoo	Dry Sweet Sewiyan With Dryfruits	Fruit Custard
Evening Snack					
Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk	Bournvita Milk
Snack	Vegetable Daliya Poha	Vegetable Upma	Soya Chunks Cutlet	Vegetable Mini Sandwich	Vegetable Macrony
Fruit	Banana	Papaya	Apple	Banana	Mango